

#BASIC7 FOR KIDS



#BASIC7FORKIDS is designed for your kids to help them discover the more they were made for.

7 TASKS:

- PRAY TOGETHER AS A FAMILY DAILY
- PRACTICE A HOBBY OR INTEREST DAILY
- MAKE HEALTHY FOOD CHOICES DAILY
- DRINK 3 CUPS OF WATER DAILY
- LEARN SOMETHING NEW ABOUT A CLASSMATE DURING SCHOOL DAYS
- DO A RANDOM ACT OF KINDNESS DAILY
- NO VIDEO GAMES ONE DAY A WEEK